



## Comprehensive Kick Names by Belt

White

Belt-

**Ap chagi**-Front Kick

**Dollyo chagi**-Roundhouse

**Yop chagi**-Side Kick

**Naeryo chagi**-Axe kick

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Yellow

Stripe Belt-

**Apbal Yop chagi** - Front foot side kick

**Apbal Dollyo chagi**- Front foot Roundhouse Kick

**Idan yop chagi**-Flying side kick

**Dubal Twieo Ap chagi**-Double Jump Front kick

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Yellow

Belt-

**Balbutyeo chagi**- Fast Kick

**Mireo chagi**- Cut Kick (back and front leg)

**Dwi chagi**- Turning Back Kick

**Dubal (Dollyo) chagii** Double Kick (Triple/continuous kicking)

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Green

Stripe Belt-

**Pada chagi**- Countering Kick

**Nakka chagi**- Hooking Kick

**Momdollyo Nakka chagi**- Turning Hook Kick

**Alae pada Chamakki**- Low Kicking Block



Green  
Belt-

**Dolgae (Dollyo) Chagi-** Tornado Kick  
**Bandal (An/Pakkat) Chagi-** Crescent (Inside/Outside) Kick  
**Apbal Naeryochagi-** Front Leg Kick  
**Balbutyeo Naeryochagi-** Fast Axe Kick

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Blue  
Stripe Belt-

**(dwitbal/apbal/balbutyeo) Kodeup chagi-** Repetitive kicks  
**Twieo Dwichagi-** Jumping Back Kick  
**Dolgae Anchagi-** Tornado Inside Crescent Kick

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Blue  
Belt-

**(Apbal/Dwitbal) Mireo Twieo dwichagi-** Cut jumping Back kick  
**Modumchagi-** both feet Kick  
**Bitureo Chagi-** Twisting kick  
**Twieo Momdollyo Nakka-** Jumping Turn Hook Kick

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Red  
Stripe Belt-

**Kawi Chagi-** Split Kick  
**Modum Yopchagi-** Both feet side Kick  
**Dabanghyang Chagi-** Multiple target kicking



Red

(apbal/dwitbal) Mireo Twieo MomdollyoNakka-Cut Turn Hook

Momdollyo Pakkatchagi- Spinning Crescent

Belt-

Dolgae Naeryochagi- Tornado Axe Kick

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Black

Momdollyo Naeryo Chagi-Spin Axe

Mireo Twieo Momdollyo Pakkat/Naeryo- Cut spin crescent/axe

Stripe Belt-

540° Dolgaechagi

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Black Belt

Perform All Previous Kicks & Demo Kicks

Candidates-

Terminology for Hand & Foot Techniques

Breaking Techniques are Emphasized