



Mandatory Dojang Etiquette

- ✓ **Before class** all students must greet **Master Keith & ALL black belts present**, saying:
“Un yung ha, shim nee kah”?
- Only stretching/practicing is permitted & any water/restroom breaks should be done at this time.
- ✓ **Must bow** when entering & leaving mat area as well as entering & leaving Dojang
- ✓ **Answering Yes sir/ma'am** when called upon by anyone & should **Bow then RUN** to position.
- ✓ Our Members, student & parents alike, are **EXPECTED** to act with manners & discipline...
ON & OFF the mat. (this includes other venues as well i.e. tournaments)
- ✓ Parents are **not allowed** to coach from off the mat. This undermines black belt's authority,
distracts the student from class, not to mention adds unneeded stress to the situation.
Save comments/critiques for home
- ✓ Any & all small **children must be controlled**, it is too dangerous to have them running around
& crying is too distracting for students on the mat. Please be courteous :)
- ✓ Students may only attend specified age & rank groups unless making up a class or allowed by
Master Keith. If they do attend a more advanced class then they are expected to **participate &
keep up** in drills being done or else will be asked to watch while the others train. If attending a
lower ranked class then student is **expected to help**.
- ✓ **All students must be *hygenic, clean body and Dobok***. This includes nails clipped &
deodorant worn. If uniform is dirty, then please bring different change of clothes.
- ✓ Uniform and belt must be stored neatly & with respect (no Wrinkles), & **ANY stains will
require buying a new uniform/belt**.
- ✓ Taekwondo/Team apparel (t-shirts, hoodies ,shorts) can be worn with belt instead of dobok
 - ✓ No arguing with anyone, all members must learn to control themselves.
- ✓ **No footwear on the mat area**, unless you are wearing mat shoes that haven't been worn
outside.
- ✓ **Class starts promptly at the appropriate times**, but can occasionally run over to ensure high
quality training for everyone. Regardless, please be on time or early. If you are late you must bow
to every Black Belt & may be expected still to do warm-ups on own.