

5 Pillars Of Taekwondo Training!

These concepts are the ideal standard of conducting yourself on and off the mat. Any abuse of these standards will affect your rank and standing in class. It is MANDATORY for all students beyond white belt and ALSO parents/guardians during training/events.

1. Respect & Obedience to others & the rules.
2. Trustworthiness and Honesty to each other & ourselves
3. Courage in all situations, because courage isn't the absence of fear. Courage is doing the right thing even though we are afraid.
4. Be Honorable and Positive , do the right thing & don't let things get you down, because whatever may be holding you back is a lesson needed in order to grow as a person.
5. INDOMITABLE SPIRIT – “The Hardest Pillar”
Nothing promotes success like perseverance, and nothing destroys our goals like quitting.

Quitters Never Win, Winners Never Quit

A Black Belt is just a white belt that never gave up!